

Piano: Agile-Hand Exercise 2: Alt.Thumbs

Major Pentachords: WBW Group

JimO

1. C Pentachord

Musical notation for the C Pentachord exercise. It consists of two staves (treble and bass clef) in 4/4 time. The melody in the treble clef is: C4 (quarter), D4 (quarter), E4 (quarter), F4 (quarter), G4 (quarter), F4 (quarter), E4 (quarter), D4 (quarter), C4 (quarter). This pattern is repeated three times. The bass clef accompaniment is: C3 (quarter), D3 (quarter), E3 (quarter), F3 (quarter), G3 (quarter), F3 (quarter), E3 (quarter), D3 (quarter), C3 (quarter). This pattern is also repeated three times. The final measure of each staff contains a whole rest. Fingerings are indicated by numbers 1-5 below the notes.

5 2. D Pentachord. Use same fingering

Musical notation for the D Pentachord exercise. It consists of two staves (treble and bass clef) in 4/4 time. The melody in the treble clef is: D4 (quarter), E4 (quarter), F#4 (quarter), G4 (quarter), A4 (quarter), G4 (quarter), F#4 (quarter), E4 (quarter), D4 (quarter). This pattern is repeated three times. The bass clef accompaniment is: D3 (quarter), E3 (quarter), F#3 (quarter), G3 (quarter), A3 (quarter), G3 (quarter), F#3 (quarter), E3 (quarter), D3 (quarter). This pattern is also repeated three times. The final measure of each staff contains a whole rest. Fingerings are indicated by numbers 1-5 below the notes.

9 3. E Pentachord

Musical notation for the E Pentachord exercise. It consists of two staves (treble and bass clef) in 4/4 time. The melody in the treble clef is: E4 (quarter), F#4 (quarter), G#4 (quarter), A4 (quarter), B4 (quarter), A4 (quarter), G#4 (quarter), F#4 (quarter), E4 (quarter). This pattern is repeated three times. The bass clef accompaniment is: E3 (quarter), F#3 (quarter), G#3 (quarter), A3 (quarter), B3 (quarter), A3 (quarter), G#3 (quarter), F#3 (quarter), E3 (quarter). This pattern is also repeated three times. The final measure of each staff contains a whole rest. Fingerings are indicated by numbers 1-5 below the notes.

13 4. F Pentachord

Musical notation for the F Pentachord exercise. It consists of two staves (treble and bass clef) in 4/4 time. The melody in the treble clef is: F4 (quarter), G4 (quarter), A4 (quarter), Bb4 (quarter), C5 (quarter), Bb4 (quarter), A4 (quarter), G4 (quarter), F4 (quarter). This pattern is repeated three times. The bass clef accompaniment is: F3 (quarter), G3 (quarter), Ab3 (quarter), Bb3 (quarter), C4 (quarter), Bb3 (quarter), Ab3 (quarter), G3 (quarter), F3 (quarter). This pattern is also repeated three times. The final measure of each staff contains a whole rest. Fingerings are indicated by numbers 1-5 below the notes.

17 5. G Pentachord

Musical notation for the G Pentachord exercise. It consists of two staves (treble and bass clef) in 4/4 time. The melody in the treble clef is: G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter), D5 (quarter), C5 (quarter), B4 (quarter), A4 (quarter), G4 (quarter). This pattern is repeated three times. The bass clef accompaniment is: G3 (quarter), A3 (quarter), B3 (quarter), C4 (quarter), D4 (quarter), C4 (quarter), B3 (quarter), A3 (quarter), G3 (quarter). This pattern is also repeated three times. The final measure of each staff contains a whole rest. Fingerings are indicated by numbers 1-5 below the notes.

21 6. A Pentachord

25 7. C Pentachord

**This is a "Hand-Building Exercise.
Play in time at your own metronome setting.
Take the full measure rest at the end of each line.
If you feel cramping in your hand--Stop playing!
Rest a moment. Lightly shake your hands at your sides.**

29

Hanon 1-Like Hand Warm-Up

(Climbing and falling Pentachords in a One-Skip-Two Pattern)

JimO

1 2 3 4 5 4 3 2 1 2 3 4 5 4 3 2 1 2 3 4 5 4 3 2 1 2 3 4 5 4 3 2

5 4 3 2 1 2 3 4 5 4 3 2 1 2 3 4 5 4 3 2 1 2 3 4 5 4 3 2 1 2 3 4

5

1 2 3 4 5 4 3 2 1 2 3 4 5 4 3 2 1 2 3 4 5 4 3 2 1

5 4 3 2 1 2 3 4 5 4 3 2 1 2 3 4 5 4 3 2 1 2 3 4 5

9

5 4 3 2 1 2 3 4 (Cont.)

1 2 3 4 5 4 3 2 (Cont.)

13

Fourth and Fifth finger Exercise: 1

Here is a quick, simple way to work on the fourth and fifth finger problem.
Same fingering for both hands.

System 1 (Measures 1-2):

Hand 1 (Treble Clef):
Measure 1: G4 (5), F4 (4), D4 (2), C4 (1)
Measure 2: D4 (2), E4 (4)

Hand 2 (Bass Clef):
Measure 1: G3 (5), F3 (1), D3 (2), C3 (1)
Measure 2: D3 (2), E3 (4)

System 2 (Measures 3-4):

Hand 1 (Treble Clef):
Measure 3: G4 (5), F4 (4), D4 (2), C4 (1), D4 (2), E4 (4)
Measure 4: G4 (5)

Hand 2 (Bass Clef):
Measure 3: G3 (5), F3 (1), D3 (2), C3 (1), D3 (2), E3 (4)
Measure 4: G3 (5)

System 3 (Measures 5-6):

Hand 1 (Treble Clef):
Measure 5: G4 (5), F4 (4), D4 (2), C4 (1), D4 (2), E4 (4)
Measure 6: G4 (5), F4 (4), D4 (2), C4 (1), D4 (2), E4 (4)

Hand 2 (Bass Clef):
Measure 5: G3 (5), F3 (1), D3 (2), C3 (1), D3 (2), E3 (4)
Measure 6: G3 (5), F3 (1), D3 (2), C3 (1), D3 (2), E3 (4)

System 4 (Measures 7-8):

Hand 1 (Treble Clef):
Measure 7: G4 (5), F4 (4), D4 (2), C4 (1), D4 (2), E4 (4)
Measure 8: G4 (5)

Hand 2 (Bass Clef):
Measure 7: G3 (5), F3 (1), D3 (2), C3 (1), D3 (2), E3 (4)
Measure 8: G3 (5)

System 5 (Measures 9-10):

Hand 1 (Treble Clef):
Measure 9: G4 (5), F4 (4), D4 (2), C4 (1), D4 (2), E4 (4), F#4 (5)
Measure 10: G4 (5), F#4 (4), D4 (2), C4 (1), D4 (2), E4 (4), F#4 (5)

Hand 2 (Bass Clef):
Measure 9: G3 (5), F#3 (4), D3 (2), C3 (1), D3 (2), E3 (4), F#3 (5)
Measure 10: G3 (5), F#3 (4), D3 (2), C3 (1), D3 (2), E3 (4), F#3 (5)

11

A musical score for two staves, Treble and Bass clef. Measure 11 contains a melodic line in the treble clef and a bass line in the bass clef. The treble line starts with a quarter note G4, followed by a quarter note A4, a quarter note B4, and a quarter note C5. The bass line starts with a quarter note G2, followed by a quarter note A2, a quarter note B2, and a quarter note C3. Measure 12 contains a whole note chord in the treble clef (G4, A4, B4, C5) and a whole note chord in the bass clef (G2, A2, B2, C3). The piece ends with a double bar line.

Piano: Agile Hand Exercise 3

(Dual-Grip melody with L.H. Chords)

JimO

The first system of the exercise is in 4/4 time. The right hand (RH) plays a melody of eighth notes: C4, D4, E4, F4, G4, F4, E4, D4, C4, B3, A3, G3. The left hand (LH) plays three chords: C major (C4, E3, G3), F major (F3, A2, C3), and C major (C4, E3, G3). Fingerings for the RH are: 1 2 3 4 5 4 3 1 4 5 2.

The second system of the exercise is in 4/4 time. The right hand (RH) plays a melody of eighth notes: G3, F3, E3, D3, C3, B2, A2, G2, F2, E2, D2, C2. The left hand (LH) plays three chords: C major (C4, E3, G3), F major (F3, A2, C3), and C major (C4, E3, G3). Fingerings for the RH are: 5 4 3 2 1 3 2 1 3 4 5 3 2.

The third system of the exercise is in 4/4 time. The right hand (RH) plays a melody of eighth notes: C4, D4, E4, F4, G4, F4, E4, D4, C4, B3, A3, G3. The left hand (LH) plays three chords: C major (C4, E3, G3), F major (F3, A2, C3), and C major (C4, E3, G3). Fingerings for the RH are: 1 2 3 4 5 4 3 1 4 5 2.

The fourth system of the exercise is in 4/4 time. The right hand (RH) plays a melody of eighth notes: G3, F3, E3, D3, C3, B2, A2, G2, F2, E2, D2, C2. The left hand (LH) plays three chords: C major (C4, E3, G3), F major (F3, A2, C3), and C major (C4, E3, G3). Fingerings for the RH are: 5 4 3 2 1 3 2 1 2 1 3 1 2.

Agile Hands 5: Walking Thirds

(Parallel and Contrary-Motion patterns.)

JimO

1. R.H. Ascending Thirds

1 3 2 4 3 5 4 2

5 2. L.H. Ascending Thirds

5 3 4 2 3 1 2 4

9 3. Parallel Motion Ascending Thirds

13 4. R.H. Descending Thirds

5 3 4 2 3 1 2 4

17 5. L.H. Descending Thirds

1 3 2 4 3 5 4 2 ...

21 6. Parallel Motion Descending Thirds

25 7. Mixed Descending/Ascending Contrary Motion Form 1

5 3 4 2 3 1 2 4

5 3 4 2 3 1 2 4

NOTE: The Contrary Motion forms use the same fingerings for both hands.

29 8. Mixed Descending/Ascending Contrary Motion Form 2

11 3. G Major

Musical notation for measures 11-12 in G Major. The right hand features a continuous eighth-note arpeggiated pattern. The left hand provides a simple bass line with a sharp sign on the second measure.

13

Musical notation for measures 13-14. The right hand continues the eighth-note arpeggiated pattern. The left hand has a sharp sign on the second measure and concludes with a final note in the fourth measure.

15 4. E (relative) Minor

Musical notation for measures 15-16 in E (relative) Minor. The right hand features a continuous eighth-note arpeggiated pattern. The left hand provides a simple bass line with a sharp sign on the second measure.

17

Musical notation for measures 17-18. The right hand continues the eighth-note arpeggiated pattern. The left hand has a sharp sign on the second measure and concludes with a final note in the fourth measure.

19

Empty musical staves for measures 19-20.

21 5. F Major

Musical notation for exercise 5, F Major, measures 21-22. The piece is in 4/4 time. The right hand (treble clef) plays a continuous eighth-note pattern: F4, G4, A4, Bb4, C5, D5, E5, F5. The left hand (bass clef) plays a simple bass line: F3, A2, Bb2, C3.

23

Musical notation for exercise 5, F Major, measures 23-24. The right hand continues the eighth-note pattern: F4, G4, A4, Bb4, C5, D5, E5, F5. The left hand continues the bass line: F3, A2, Bb2, C3. The piece concludes with a double bar line.

25 6. D (relative) Minor

Musical notation for exercise 6, D (relative) Minor, measures 25-26. The piece is in 4/4 time. The right hand (treble clef) plays a continuous eighth-note pattern: D4, E4, F4, G4, A4, Bb4, C5, D5. The left hand (bass clef) plays a simple bass line: D3, F2, Gb2, A2.

27

Musical notation for exercise 6, D (relative) Minor, measures 27-28. The right hand continues the eighth-note pattern: D4, E4, F4, G4, A4, Bb4, C5, D5. The left hand continues the bass line: D3, F2, Gb2, A2. The piece concludes with a double bar line.

Czerny-Style Eighth-Notes: 1

(Play smoothly with metronome)

1 2 3 4 5 4 3 4 | 5 4 3 4 5 4 3 2

3

etc.

5

1 3 5 3 2 5 4 2 | 1 3 5 3 2 5 4 2

7

1 3 5 3 1

Czerny-Style Eighth-Notes: 1a

(Switch the pattern to the L.H. and Play smoothly with metronome)

5 4 3 2 1 2 3 2

3

etc.

5

etc.

7

5 3 1 3 5

Czerny-Style Eighth-Notes: 2

(Play smoothly with metronome)

1 3 2 4 3 5 4 2 etc.

3

5

5 3 4 2 3 1 2 4 etc.

7

Major Scales 1: Standard Fingering Patterns

(One-Octave, One-speed Practice drill. Memorize.

Write in the correct Key Signature symbols.)

JimO

1. C Major

Musical notation for the C Major scale. The piece is in 4/4 time. The right hand (treble clef) plays a one-octave scale with the following fingering: 1 2 3 1 | 2 3 4 5 | 4 3 2 1 | 3 2 1. The left hand (bass clef) plays a one-octave scale with the following fingering: 1 2 3 1 | 2 3 4 5 | 4 3 2 1 | 3 2 1. The key signature is C major (no sharps or flats).

5 2. G Major

Musical notation for the G Major scale. The piece is in 4/4 time. The right hand (treble clef) plays a one-octave scale with the following fingering: 1 2 3 1 | 2 3 4 5 | 4 3 2 1 | 3 2 1. The left hand (bass clef) plays a one-octave scale with the following fingering: 1 2 3 1 | 2 3 4 5 | 4 3 2 1 | 3 2 1. The key signature is G major (one sharp: F#).

9 3. D Major

Musical notation for the D Major scale. The piece is in 4/4 time. The right hand (treble clef) plays a one-octave scale with the following fingering: 1 2 3 1 | 2 3 4 5 | 4 3 2 1 | 3 2 1. The left hand (bass clef) plays a one-octave scale with the following fingering: 1 2 3 1 | 2 3 4 5 | 4 3 2 1 | 3 2 1. The key signature is D major (two sharps: F#, C#).

13 4. A Major

Musical notation for the A Major scale. The piece is in 4/4 time. The right hand (treble clef) plays a one-octave scale with the following fingering: 1 2 3 1 | 2 3 4 5 | 4 3 2 1 | 3 2 1. The left hand (bass clef) plays a one-octave scale with the following fingering: 1 2 3 1 | 2 3 4 5 | 4 3 2 1 | 3 2 1. The key signature is A major (three sharps: F#, C#, G#).

17 5. E Major

Musical notation for the E Major scale. The piece is in 4/4 time. The right hand (treble clef) plays a one-octave scale with the following fingering: 1 2 3 1 | 2 3 4 5 | 4 3 2 1 | 3 2 1. The left hand (bass clef) plays a one-octave scale with the following fingering: 1 2 3 1 | 2 3 4 5 | 4 3 2 1 | 3 2 1. The key signature is E major (four sharps: F#, C#, G#, D#).

Major Scales 2: Black-Key Madness

(One-Octave, One speed Practice Drill. Memorize)

JimO

6. B Major

Musical notation for B Major scale, measures 1-4. The key signature has two sharps (F# and C#). The scale is written in 4/4 time. The right hand plays the scale with fingerings: 1 2 3 1 | 2 3 4 5 | 4 3 2 1 | 3 2 1. The left hand plays a constant bass note of B2.

5 7. F Major

Musical notation for F Major scale, measures 5-8. The key signature has one flat (Bb). The scale is written in 4/4 time. The right hand plays the scale with fingerings: 1 2 3 4 | 1 2 3 4 | 3 2 1 4 | 3 2 1. The left hand plays a constant bass note of F2.

9 8. Bb Major

Musical notation for Bb Major scale, measures 9-12. The key signature has two flats (Bb and Eb). The scale is written in 4/4 time. The right hand plays the scale with fingerings: 3 1 2 3 | 1 2 3 4 | 3 2 1 3 | 2 1 3. The left hand plays a constant bass note of Bb2.

13 9. Eb Major

Musical notation for Eb Major scale, measures 13-16. The key signature has three flats (Bb, Eb, and Ab). The scale is written in 4/4 time. The right hand plays the scale with fingerings: 3 1 2 3 | 4 1 2 3 | 2 1 4 3 | 2 1 3. The left hand plays a constant bass note of Eb2.

17 10. Ab Major

Musical notation for Ab Major scale, measures 17-20. The key signature has four flats (Bb, Eb, Ab, and Db). The scale is written in 4/4 time. The right hand plays the scale with fingerings: 3 4 1 2 | 3 1 2 3 | 2 1 3 2 | 1 4 3. The left hand plays a constant bass note of Ab2.

21 11. Db Major

Musical notation for the 11th scale, Db Major. The notation is presented in a grand staff with a treble clef on the upper staff and a bass clef on the lower staff. The key signature has two flats (Bb and Eb). The scale is written in a four-measure phrase. The notes in the treble clef are: Bb, Bb, Bb, Bb, Bb, Bb, Bb, Bb. The notes in the bass clef are: Bb, Bb, Bb, Bb, Bb, Bb, Bb, Bb. Fingerings are indicated by numbers 1-4 below the notes. The first measure has fingerings 2, 3, 1, 2. The second measure has fingerings 3, 4, 1, 2. The third measure has fingerings 1, 4, 3, 2. The fourth measure has fingerings 1, 3, 2.

Question: Are these ALL the major scales? Think about it.

25 12. Gb Major

Musical notation for the 12th scale, Gb Major. The notation is presented in a grand staff with a treble clef on the upper staff and a bass clef on the lower staff. The key signature has three flats (Bb, Eb, and Ab). The scale is written in a four-measure phrase. The notes in the treble clef are: Bb, Bb, Bb, Bb, Bb, Bb, Bb, Bb. The notes in the bass clef are: Bb, Bb, Bb, Bb, Bb, Bb, Bb, Bb. Fingerings are indicated by numbers 1-4 below the notes. The first measure has fingerings 2, 3, 4, 1. The second measure has fingerings 2, 3, 1, 2. The third measure has fingerings 1, 3, 2, 1. The fourth measure has fingerings 4, 3, 2.

Major Scales 1a: Left-Hand Drill

(Scale in L.H. with I-V Harmony above)

JimO

1. C Major (Chord) G7

5 4 3 2 1 3 2 1 2 3 1 2 3 4 5

C

Detailed description: This block shows the first exercise. The left hand plays a C major scale in the bass clef, starting on middle C (C4) and ending on C5. The right hand plays a C major chord (C-E-G) in the treble clef, followed by a G7 chord (G-B-F) in the next measure. The scale is in 4/4 time.

3 2. G Major D7

5 4 3 2 1 3 2 1 2 3 1 2 3 4 5

G

Detailed description: This block shows the second exercise. The left hand plays a G major scale in the bass clef, starting on G3 and ending on G4. The right hand plays a G major chord (G-B-D) in the treble clef, followed by a D7 chord (D-F-A-C) in the next measure. The scale is in 4/4 time.

5 3. F Major C7

5 4 3 2 1 3 2 1 2 3 1 2 3 4 5

F

Detailed description: This block shows the third exercise. The left hand plays an F major scale in the bass clef, starting on F3 and ending on F4. The right hand plays an F major chord (F-A-C) in the treble clef, followed by a C7 chord (C-E-G-Bb) in the next measure. The scale is in 4/4 time.

7 4. D Major A7

5 4 3 2 1 3 2 1 2 3 1 2 3 4 5

D

Detailed description: This block shows the fourth exercise. The left hand plays a D major scale in the bass clef, starting on D3 and ending on D4. The right hand plays a D major chord (D-F#-A) in the treble clef, followed by an A7 chord (A-C-E-G) in the next measure. The scale is in 4/4 time.

9 5. A Major E7

5 4 3 2 1 3 2 1 2 3 1 2 3 4 5

A

Detailed description: This block shows the fifth exercise. The left hand plays an A major scale in the bass clef, starting on A2 and ending on A3. The right hand plays an A major chord (A-C#-E) in the treble clef, followed by an E7 chord (E-G#-B-D) in the next measure. The scale is in 4/4 time.

11 6. E Major B7

5 4 3 2 1 3 2 1 2 3 1 2 3 4 5

13 7. Bb Major F7

3 2 1 4 3 2 1 3 1 2 3 4 1 2 3

15 7. Eb Major Bb7

3 2 1 4 3 2 1 3 1 2 3 4 1 2 3

17 8. Ab Major Eb7

3 2 1 4 3 2 1 3 1 2 3 4 1 2 3

19 9. Db Major Ab7

2 3 1 4 3 2 1 3 2 3 4 1 2 3

Piano Warm-Ups: 6's and 3rds

(Moving down the keyboard. "Resting" finger No.3)

Earl Pennington

The exercise consists of four systems, each with a treble and bass staff. The treble staff contains a descending eighth-note scale, and the bass staff contains an ascending eighth-note scale. Fingerings are indicated by numbers 1-5. Below each system is a sequence of numbers: 4 2 5 1 4 2 5 1, 4 2 5 1 4 2 5 1, 4 2 5 1 4 2 5 1, 4 2 5 1 2, 4 2 5 1 4, 4 2 5 1 4 2 5 1, 4 2 5 1 4 2 5 1, 4 2 5 1 4 2 5 1, 4 2 5 1 4, 4 2 5 1 4 2 5 1, 4 2 5 1 4 2 5 1, 4 2 5 1 4 2 5 1, 4 2 5 1 2, 4 2 5 1 4, 4 2 5 1 4 2 5 1, 4 2 5 1 4 2 5 1, 4 2 5 1 4 2 5 1, 4 2 5 1 4, 4 2 5 1 4 2 5 1, 4 2 5 1 4 2 5 1, 4 2 5 1 4 2 5 1, 4 2 5 1 4.

Arpeggio Warm-Ups 1: Major Keys (1-6)

(P5 in L.H. moving up the scale with one-octave Arpeggios)

JimO

♩ = 180
1. C Major

Dm Em F

5 G Am Bdim C

9 C Dm Em F G Am Bdim C

13 2. F Major

Gm Am Bb

17 C Dm Edim F

21 F Gm Am Bb C Dm Edim F

25 **3. G Major** Am Bm C

29 D Em F#dim G

33 G Am Bm C D Em F#dim G

37 **4. D Major** Em F#m G

41 A Bm C#dim D

45 D Em F#m G A Bm C#dim D

49 **5. Bb Major** Cm Dm Eb

53 F Gm Adim Bb

57 Bb Cm Dm Eb F Gm Adim Bb

61 **6. Eb Major** Fm Gm Ab

65 Bb Cm Ddim Eb

69 Eb Fm Gm Ab Bb Cm Ddim Eb